



PERSONAL INFORMATION

CAMELIA TRUȚA

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Sex Feminine | Nationality Romanian

WORK EXPERIENCE

October 2016 – Present

Associate Professor

Transilvania University of Brasov, Faculty of Psychology and Educational Sciences,
www.unitbv.ro/pse

- Lectures in: Research Methods, Social Psychology, Groups Dynamics, Work Psychology, Consumer Behaviour. Psychology of Advertisement (at Bachelor level), Applied Research in Area of Specialization: Individual and Organizational Psychological Assessment, Organizational Interventions (at Master level)
- Quality Responsible for Psychology Study Program (2015 – 2017)
- Faculty Representative in the University Senate, Secretary of the Scientific Committee of the University Senate, Member of the Department of Psychology, Education and Teacher Training Council (2016 – 2020)

Sector Higher Education/ Research

October 2014 – September
2020

Coordinator of the Career Counselling, Information and Guidance Centre for Students

Transilvania University of Brasov, www.unitbv.ro/cicoc

- Coordination of career counselling and guidance activities at university level; Ensuring Quality Management procedures; Conducting studies and analysis of the professional insertion of graduates and academic drop-out rates; Developing and applying procedures regarding career counselling activities; Management of the database of beneficiaries; Developing partnership agreements with employers
- Projects and Activities: *Transilvania Orientation Days* (a project designed for campus orientation of first-year students), *Learn how to learn* (workshops for developing learning strategy skills of first-year students)
- Events in partnership: *Career Days* (workshops sessions for developing career skills), *Graduates in front of Companies* (graduates' conference for presentation of scientific papers to employers' representatives), *Co-Student Summer School*, *Careers Fair*

Sector Higher Education/ Educational and Vocational Counselling

October 2012 – September 2016

Lecturer

Transilvania University of Brasov, Faculty of Psychology and Educational Sciences,
www.unitbv.ro/pse

- Lectures in: Research Methods, Groups Dynamics, Work Psychology, Consumer Behaviour. Psychology of Advertisement (at Bachelor level), Applied Research in Area of Specialization: Individual and Organizational Psychological Assessment, Organizational Interventions (at Master level)
- Member of: Students Accommodation Committee (2006 – 2016), Admission Committee (2008 – 2016), Graduating Exams Committee (2013 – 2016)
- Coordinator of Students' Scientific Conference at faculty level (2013 – 2016)

Sector Higher Education/ Research

October 2009 – September 2012

Teaching Assistant

Transilvania University of Brasov, Faculty of Psychology and Educational Sciences,
www.unitbv.ro/pse

- Seminars for: Social Psychology, Research Methods, Groups Dynamic, Organizational Psychology, Work Psychology, Consumer Behaviour. Psychology of Advertisement (at Bachelor level)
- Member of: Students Accommodation Committee (2006 – 2016), Admission Committee (2008 – 2016), Committee for equivalence of studies (2008 – 2010)
- Responsible for the practical placement of students for Psychology study program

Sector Higher Education/ Research

October 2006 – September 2009

Junior Teacher Assistant

Transilvania University of Brasov, Faculty of Psychology and Educational Sciences,
www.unitbv.ro/pse

- Seminars for: Social Psychology, Research Methods, Groups Dynamic, Organizational Psychology, Work Psychology, Consumer Behaviour. Psychology of Advertisement (at Bachelor level)
- Member of: Students Accommodation Committee (2006 – 2016)

Sector Higher Education/ Research

September 2005 – September
2006

School Psychologist

“Victor Jinga” Highschool, Sacele, Brasov

- Psychological, educational and vocational counselling; Group and individual counselling; Psychological assessment of students; Psychological assessment of teachers

Sector Secondary Education/ Educational and Psychological Counselling

PROJECTS AND GRANTS

23 June – 15 December 2016

Director of the project - CNFIS-FDI-2016-0099: *Atragerea tinerilor către învățământul superior și reducerea abandonului școlar*

National Council for Funding of Higher Education, <http://www.cnfis.ro/competitia-fdi-2016/>

Project value: 245000 lei

- Project objective: Developing Transilvania University of Brasov institutional capacity for prevention, assessment and management of the risk of students' drop-out
- Tasks: financial management of the project, coordination of implementing team, organisation and implementation of provisioned tasks

Type of project Project funded by Fund for Institutional Development for public universities – FDI 2016

18 October – 6 November 2016

Scholarship for international mobility at Western Illinois University, USA

Awarded by Transilvania University of Brasov, www.unitbv.ro

Scholarship value: 2500 euro

- Scholarship objective: Enhancement of international mobilities of teachers for developing mixed research teams

Type of grant Transilvania University of Brasov scholarship for international mobility

03 – 06 March 2014

Study visit: *Mentoring in educational practice at Tallinn University, Estonia*

National Agency for Community Programs in Education and Professional Development,
www.anpcdefp.ro

Grant value: 800 euro

- Study visit objective: Supporting initial and continuous professional development of teachers, trainers and school principals through mentorship

Type of grant Transversal programme of LifeLong Learning Programme 2007 – 2013

WORK EXPERIENCE IN
PROJECTS

May 2014 – June 2018 Researcher – JOBS Project: *The Job Orientation Training in Businesses and Schools*, www.jobsproject.ro

Go for Jobs Foundation, Bucharest; Pädagogischen Hochschule Zürich, www.phzh.ch/en/IPE/

- Statistical analysis of research data: psychometric properties of research instruments, exploratory factor analysis, linear and multilinear regression analysis, ANOVA, ANCOVA, GLM, data analysis in Solomon design
- Conducting qualitative study: projecting study design, conducting semi-structured interviews, qualitative analysis of data using open coding, thematic analysis, axial coding, report of study

Type of project Project funded by Swiss – Romanian Cooperation Program

June 2014 – December 2015 Expert – career counsellor – POSDRU/160/2.1/S/138850 Project: *Counselled student – excellent future employee*

Asociația pentru Egalitate de Șanse și Nediscriminare, Brasov, www.aesn.ro

- Career counselling and guidance for 254 students: psychological assessment of professional interests (JVIS), psychological assessment of personality (NEOPIR), assessment of creative abilities (TCTT), guidance for CV and career plan

Type of project Project funded by the Operational – Sectorial Programme – Development of Human Resources

October 2012 – October 2014 Technician – Project 2012-1-IT1-LEO05-02837: *CO.PE » Competences pour L'Europe*, www.shoescompetences.eu

Transilvania University of Brasov, www.unitbv.ro

- Organisation of workshops; elaboration of training standard for the occupation of confectioner; dissemination of project results

Type of project Lifelong Learning Programme Transnational Project

January – July 2013 Trainer – Project POSDRU/92/3.1/S/53763: *E.H.R. – Entrepreneurship for human resources*

Școala Națională de Studii Politice și Administrative, Bucharest, www.snspsa.ro

- Delivering the course *Managerial abilities: personality and emotional intelligence, vocational guidance, motivation, leadership, creativity* for human resources managers; Evaluation of trainees

Type of project Project funded by the Operational – Sectorial Programme – Development of Human Resources

June 2012 – January 2013 Trainer – Project POSDRU 97/6.3/S/62066: *Equal opportunities and respect – entrepreneurship instruments from a gender perspective*

SC HCS-Advanced People Strategies SRL, Bucharest

- Delivering courses and conducting workshops on the following topics: *Project management, Interpersonal skills, Communication skills*; Evaluation of trainees

Type of project Project funded by the Operational – Sectorial Programme – Development of Human Resources

May 2012 – January 2013 Trainer – Project POSDRU/87/1.3/S/61341: *Learning styles and pupils' temperament – instruments for creative education*

Școala Națională de Studii Politice și Administrative, Bucharest, www.snspsa.ro

- Delivering courses and conducting workshops on the following topics: *Creative thinking and performance, Children, families and teachers counselling* for teachers and school psychologist
- Delivering courses and conducting mentor activities on online e-learning platform on the following topics: *Creative thinking and performance, Children, families and teachers counselling*

Type of project Project funded by the Operational – Sectorial Programme – Development of Human Resources

October 2010 – October 2012 Technician/ Evaluator expert – Project LLP-LDV/TOI/10/IT/499: *ADAF - Au dela 'de l'apprentissage formel*

Transilvania University of Brasov, www.unitbv.ro

- Organisation of workshops; analysis and report elaboration for survey data on the assessment of professional competences in Romania

Type of project Leonardo da Vinci Transnational Project

December 2011 – October 2012 Trainer

Centre for Counselling and Local Development, Bucharest, www.ccdl.ro

- Elaboration and implementation of training programmes on the following topics: *Development of emotional and social intelligence, Positive thinking, Creativity and innovation, Competencies and professional performance in human resources management* for employees and managers in public administration

Sector Adult training

EDUCATION

2008 - 2011 PhD in Psychology

University of Bucharest, <http://doctorat.unibuc.ro/>

- Thesis title: “*Emotion management in the work of school psychologists*”, coordinator: Prof. Mihai Aniței, PhD

2005 - 2007 Master in Marketing Systems

Transilvania University of Brasov, Faculty of Economics, www.unitbv.ro/seea

- Dissertation title: “*Marketing strategies for promoting educational services*”, coordinator: Prof. Gabriel Brătucu, PhD

2001 - 2005 Bachelor degree in Psychology - Pedagogy

Transilvania University of Brasov, Faculty of Psychology and Educational Sciences, www.unitbv.ro/pse

- Dissertation title: “*The impact of individual decider's rationality on group decision in a hidden profile task*”, coordinator: Lecturer Bogdan Tudor Tulbure, PhD

TRAININGS

September 2014 Training in NEOPIR and JVIS

Test Central, Bucharest, www.testcentral.ro

- Training for using psychological tests in career counselling and vocational guidance
- Psychological assessment and career counselling competencies

October 2013 – March 2014 Training in SELF-KIT

Consult Plus, Cluj-Napoca, Romanian Association of Cognitive Sciences

- Training in development of socio-emotional skills in children, based on rational – emotive behaviour therapy
- Psychological and educational counselling competencies

March 2012 Specialisation program for accreditation as TRAINER

Association for Promoting Social Responsibility of Companies, Brasov

- Adult training competencies

PERSONAL SKILLS

Mother tongue Romanian

Other languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C1	C1	C1	C1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user
[Common European Framework of Reference for Languages](#)

Communications skills

- good communication skills gained through teaching and training experience
- good adaptive skills to multicultural environments gained through international mobilities and activity in international research projects

Organisational skills

- good organisational skills (especially, managing resources and collaboration skills) gained as member of the organising committee for three international and one national conferences

Job-related skills

- good teaching and training skills gained through work experience
- good counselling skills gained through my activity at the Career Counselling, Information and Guidance Centre for students
- good mentoring skills gained as tutor for students and coordinator of students' dissertations

Computer skills

- good command of Microsoft Office™ tools
- good command of statistical data analysis software – IBM SPSS software and G*Power 3 – gained through my research activity
- basic command of photo editing software – Adobe LightRoom – gained as an amateur photographer

ADDITIONAL INFORMATION

International Mobilities
Conferences and Workshops

International Mobilities

- 19 – 30 March 2017 – Zurich University of Teaching Education, Switzerland
- 18 October – 6 Novembre 2016 – Western Illinois University, USA
- 18 – 22 April 2016 - Amasya University, Turkey – Erasmus+ Mobility
- 23 – 27 March 2015 – University of Hradec Kralove, Czech Republic – Erasmus+ Mobility
- 26 May – 6 June 2014 - Amasya University, Turkey – Erasmus Mobility
- 2 – 16 May 2009 – Gent University, Belgium – Socrates Mobility

Conferences and Workshops

- *Improvement of teaching and evaluation abilities of teaching staff from Transilvania University of Brasov* – annual workshops, 28 - 30 April 2015 (1st edition), 04 – 06 April 2016 (2nd edition), 12 May 2017 (3rd edition)
- *Taking cartoons to psychologist* – presentation held at Psy Week at Cărturești Event, Brasov, 26 February 2016
- *Emotional labour in teachers' work* – conference held at Erasmus Days of Pedagogy 2015, Hradec Kralove University, Czech Republic, 23 – 27 March 2015
- *Emotional first aid for children and adolescents* – presentation held at Psy Week at Cărturești Event, Brasov, 05 Novembre 2015
- *Integration of emotions in the development process of partners in couples* – workshop held at The National Conference on Experiential Psychology and Hipnotherapy, Brasov, 30 – 31 May 2015
- *Learning serenity in front of emotional blackmail* – presentation held at Psy Week at Cărturești Event, Brasov, 05 Novembre 2014
- *Emotion regulation in the workplace – costs and benefits for the employees, the organisation and the client* – presentation held as invited speaker at University of Bucharest, 24 November 2014
- *Ethical principles in research with human participants* – round table held at The International Symposium Traffic Psychology and Human Resources, Bucharest, 23 - 25 October 2014
- *Increasing employability: working techniques in career counselling* – workshop held at The International Symposium Traffic Psychology and Human Resources, Bucharest, 23 - 25 October 2014
- *Beyond the mask of silence* – presentation held at Psy Week at Cărturești Event, Brasov, 06 November 2013

Organisation of scientific events
 Editorial Activity
 Accreditations and Affiliations
 Publications

Organisation of scientific events

- Member of the Organising Committee of International Conference on Psychology *From Individual to Society: Applied Psychology for a Sustainable Community*, Brasov, 2016
- Member of the Organising Committee of International Conference on Psychology PSIWORLD – *Psychology and the realities of contemporary world*, Bucharest - 2011, 2012, 2013, 2014 editions, www.psiworld.ro
- Member of the Organising Committee of *National Conference on Psychology*, Brasov, 2012
- Member of the Organising Committee of *National Conference on Applied Experimental Psychology*, Bucharest, 2011

Editorial Activity

- Member of the Editorial Committee of *Bulletin of Transylvania University Series VII* - <http://webbut.unitbv.ro/bulletin/Series%20VII/Series%20VII.html>
- Member of the Editorial Committee of *International Journal of Traffic and Transportation Psychology*, <http://www.ijttp.ro>
- Member of the Editorial Committee of *Romanian Journal of Experimental Applied Psychology*, www.rjeap.ro
- Scientific reviewer for *Revista de Psihologie a Academiei Române*, www.revistadepsihologie.ipsihologie.ro/

Accreditations and Affiliations

- Accreditation as *autonomous specialist psychologist* in the speciality *Educational Psychology, school and vocational counselling* by Romanian Board of Psychologists, www.copsi.ro
- Accreditation as *autonomous practicing psychologist* in the speciality *Psychology applied in services* by Romanian Board of Psychologists, www.copsi.ro
- Member of *Romanian Association of Industrial- Organisational Psychology*, www.apio.ro
- Member of *Romanian Society for Applied Experimental Psychology*
- Founding member of *KronPsy Association of Psychology*, Brasov
- Member of *Athens Institute for Education and Research*, Greece, www.atiner.gr

Publications (selection)

- David, L.T., Truța, C., Cazan, A. M., Albisser, S., & Keller-Schneider, M. (2020). Exploring the impact of a career guidance intervention program in schools: Effects on knowledge and skills as self-assessed by students. *Current Psychology*. <https://doi.org/10.1007/s12144-020-00973-0>
- Rucsanda, M. D., Cazan, A.-M., & Truța, C. (2020). Musical performance and emotions in children: The case of musical competitions. *Psychology of Music*, 48(4), 480–494. <https://doi.org/10.1177/0305735618810791>
- Tziner, A., Buzea, C., Rabenu, E., Shkoler, O., & Truța, C. (2019). Understanding the relationship between antecedents of Heavy Work Investment (HWI) and burnout. *Amfiteatrul Economic*, 21(50), 153-176.
- Cazan, A.-M., Truța, C., Pavalache-Ilie, M. (2019). The work-life conflict and satisfaction with life: Correlates and the mediating role of the work-family conflict. *Romanian Journal of Psychology*, 21(1).
- Truța, C., Pârv, L., & Topală, I. (2018). Academic engagement and intention to drop out: Levers for sustainability in Higher Education. *Sustainability*, 10(12), 4637.
- Rucsanda, M. D., Cazan, A.-M., & Truța, C. (2018, in press). Musical performance and emotions in children: The case of musical competitions. *Psychology of Music*, 0305735618810791.
- Cazan, A.-M., & Truta, C. (2015). Stress, resilience and life satisfaction in college students. *Revista de Cercetare și Intervenție Socială*, 48, 95-108.
- Truța, C. (2012). Emotional labor strategies adopted by school psychologists. *Procedia - Social and Behavioral Sciences*, 33, 796-800. DOI: 10.1016/j.sbspro.2012.01.231
- Indreica, E. S., Cazan, A.-M., & Truța, C. (2011). Effects of learning styles and time management on academic achievement. *Procedia – Social and Behavioral Sciences*, 30, 1096 – 1102. DOI: 10.1016/j.sbspro.2011.10.214